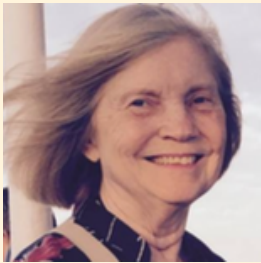




The National Flute Association

# ONLINE EVENT SERIES

FALL 2024 - WINTER 2025



## Ginny Atherton

October 6

*Reflect On & Refresh Our Warm-ups!*

From our very first efforts to sound a flute, we've engaged (or not!) with "long tones." We'll share why and what we've learned, valued, and evolved as our current daily foundation. Ginny will share approaches she and her students find enabling and satisfying. Participants will select one of Ginny's warm-up prompts, personalize it and share with the online community.

## Masterclass

October 13

*Featuring Winners of the Adult Amateur Flutist Competition*

David Houston will lead the winners of the 2024 Adult Amateur Flutist Competition in a masterclass specifically for adult amateur flutists. The performers are Lindsay Brillson, Sadie Hewitt, and John Nguyen. This event will be hosted by Christina Condon, Competition Coordinator.

## Anne Maker

October 20

*Demystifying Modern Repertoire*

This session will focus on strategies and repertoire that help flutists, students and teachers gain confidence with modern repertoire. During the session, we'll look at how phrasing, vibrato, and articulation vary in 20th and 21st century pieces and go over strategies for performing the various styles of modern repertoire with confidence.

## Eva Amsler

October 27

*Embracing Change in Midlife*

This workshop is an avenue to discuss the changes that come about in a flutist's midlife. Embracing change can lead to remarkable growth and fulfillment. Whether it's starting a teaching studio, delving into administrative roles, forming ensembles, integrating other art forms, or even discovering a completely new passion—all avenues are open for transformation.

## Sheryl Cohen

November 3

*A Guide to Creating the Rampal School's Magical Phrasing & Tone Colors*

Using daily studies and repertoire, we will discover ways to engage the whole body to promote expressive phrasing, and transform vibrant attacks into long, colorful phrases in memorable Rampal fashion. This interactive program expands upon my earlier workshop on "Pelvic Power" to shape time between notes, creating atmosphere and color.

Sundays at 2pm CT • Free & open to the public • Register at [nfaonline.org/events](https://nfaonline.org/events)



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**Barbara Siesel**

November 17

***Getting Into Music School: Prep Made Simple!***

Have you been wondering about the best approach to preparing for music school auditions? Getting ready for these auditions has become more and more complex over time. We will explore repertoire, requirements, presentation, and performance to help illuminate what various schools and faculty are looking for in a potential student.



**Elizabeth A. Potts, DMA**

November 24

***5 Tips to Better Sight-Reading***

Many musicians often find sight-reading difficult, let alone intimidating. This online session hopes to curb those fears and build confidence with a few simple tools crafted individually for each flutist.



**Adam W. Sadberry & Lea Pearson**

December 8

***Becoming an Artist Citizen***

We ARE the change! Unleash expressive potential for the Artist Citizen and the Studio Teacher with powerful new techniques for the 21st Century. Resilience, collaboration, and safety are essential processes for activating full potential. We will explore essential questions exploring the practice of resilience in the studio and the community.



**Joanne Lazzaro**

December 15

***Preparing Katherine Hoover's Canyon Shadows***

Performing Katherine Hoover's Canyon Shadows for flute, native flute and percussion is easily within grasp for a classically-trained flutist. We'll discuss learning to read NakaiTab versus reading concert pitch, and performing on Native American flute in G minor or using a Native American head joint on a concert C flute.



**Julie Koidin**

January 12

***Benedicto Lacerda & the "Golden Age" of Choro Flute Playing***

Julie Koidin will present material from her doctoral dissertation on Brazilian flutist Benedicto Lacerda, a trend-setter during choro's "Golden Age" (1920s-50s). Lacerda's unique approach to choro interpretation was emulated by flutists and other instrumentalists. His tone, vibrato, and unique improvisations and swing all set the standard for future generations.

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## NFA Historical Flutes Committee

January 19

### *Sound & Aesthetics - Connecting the Past with the Present*

Whether playing works of Bach or Mozart, flutists may wonder how these pieces sounded in such a distant past. Focusing on aspects in tone production, articulation, and aesthetics, the NFA Historical Flutes Committee would like to share how we can come closer to an early flute sound. Bring your flute and we'll show how everyone can enjoy this beautiful music on their instruments!



## Dr. Brandon LePage

January 26

### *Mapping Moyses - A Treasure Hunt!*

One of the most used and referenced resources for tonal study is Marcel Moyses's iconic book *De la Sonorite*. After years of using this book myself and in my teaching, I have created a treasure map that can be followed to make this resource clearer and more accessible to help us find the hidden gems locked within this book of wonders!



## Laura Lentz

February 2

### *Sparking a Sense of Discovery in Your Playing*

By being curious and aware of what we are doing as we are doing it, we take on an active role, creating space for reflection, asking questions, and seeking out solutions to problems. Bringing an air of discovery to our practice can help lead us to an increased understanding about our flutist-selves and our playing. We will also talk about making space for discovery in our daily lives.



## Lina Digka

February 9

### *Unlocking Extended Techniques: A Performance Guide to Contemporary Pieces with a Focus on the Bass Flute*

This session is ideal for any flutist aiming to study a contemporary piece from the ground up, particularly those that include contemporary techniques and the bass flute. After examining the piece from both the performer's and composer's perspectives, we will explore a performance guide with practical practice tips.

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